

Progression Ladder-PSHE Nursery and Reception

	Nursery	Reception
Relationships	<p>To develop the ability to play cooperatively with others, developing friendships.</p> <p>To understand routines and develop the ability to adapt our behaviour, thinking of others.</p> <p>To understand and label emotions</p> <p>To understand that there are some things such as family, cultural background that make them unique. To understand that we are all the same yet different, yet special.</p> <p>Develop an understanding of what a friend is and how to be a good friend, sharing, turn taking and thinking about the words we use to our friends.</p>	<p>To develop friendships listening and responding to others. To realise the affect our behaviour can have on others. To learn to consider how what we say can affect others.</p> <p>To understand the need for rules and routines and follow and respect them.</p> <p>To understand that many similarities and differences exist between us. To understand difference in families and cultures exist. To learn to respect and celebrate difference and that difference is good.</p> <p>To understand how to be a good friend/class mate. To begin to respect the ideas of others, listening to friends and developing an awareness of how what we say can affect others.</p>
Health and Wellbeing	<p>To understand the importance of washing and drying hands.</p> <p>To become more independent in self-care such as toileting and dressing.</p> <p>To understand how to use equipment safely.</p>	<p>To be able to say why we wash and dry our hands.</p> <p>To understand how to stop germs being spread.</p> <p>To be able to explain how to access equipment around the school safely.</p>

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	<p>To understand that being healthy is good for you and that there are foods that are healthy.</p> <p>To understand how to stay safe in the sun.</p> <p>To understand how to keep themselves safe- PANTASUARUS</p>	<p>To be able to say how to keep healthy. To identify healthy food and exercise as ways of staying healthy. To understand the need for a healthy mind through plenty of rest/sleep.</p> <p>To understand how to stay safe when in the sun, when around the home and when out and about.</p> <p>To understand the correct terms for body parts.</p> <p>To understand how to keep themselves safe- PANTASUARUS</p>
<p>Living in the Wider World</p>	<p>To develop an awareness of how to respect the classroom environment and the wider world around us.</p> <p>To take on responsibility of taking care of the plants.</p> <p>To understand that there are people in the community who can help us.</p> <p>To understand how we grow/change over time and prepare for change (transition).</p>	<p>To understand how to take care of the environment.</p> <p>To understand lifecycles and understand how to take care of animals(chicks) and plants.</p> <p>To understand and explain how people can help us in the community and who to call if we need help.</p> <p>To understand how throughout life we grow and change. To learn how change is positive and prepare for transition into year 1.</p>