

PE Curriculum Map- REAL PE

| Year Groups | Theme | Unit | Cog Focus | Game/Skill |
|------------------|-------|------|--------------------|-----------------------------------------------------------------------------------------------|
| Foundation Stage | 1 | 1 | Personal | Coordination: Footwork Static Balance: One Leg |
| | 1 | 2 | Social | Dynamic Balance to Agility: Jumping and Landing |
| | 2 | 3 | Cognitive | Dynamic Balance: On a Line Static Balance: Stance |
| | 3 | 4 | Creative | Coordination: Ball Skills Counter Balance: With a Partner |
| | 3 | 5 | Applying Physical | Coordination: Sending and Receiving Agility: Reaction and Response |
| | 4 | 6 | Health and Fitness | Agility: Ball Placing Static Balance: Floor Work |
| Year 1/2 | 1 | 1 | Cognitive | Throw Tennis/Endball |
| | 1 | 2 | Creative | Seated Volleyball/Scorpien Handball |
| | 2 | 3 | Social | River Crossing/Kabadi |
| | 3 | 4 | Physical | Jumpball/Jump, roll, balance |
| | 3 | 5 | Health and Fitness | Beanbag Raid/Dodgeball |
| | 4 | 6 | Personal | Throlf/ Scatterball |
| Year 3/4 | 1 | 1 | Personal | Matching Pairs and Balloon Balance Coordination: Footwork |
| | 1 | 2 | Social | Develop Combinations and Exchange Objects Dynamic Balance and Agility: Jumping and Landing |
| | 2 | 3 | Cognitive | 3 Limb Race and Getting around us Dynamic Balance: On a Line |
| | 3 | 4 | Creative | Jungle Challenge and Roller Ball |

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| | | | | Coordination: Sending and Receiving |
| | 3 | 5 | Applying Physical | Quick of the Mark and Front Curling Agility: Reaction/Response |
| | 4 | 6 | Health and Fitness | Tunnels and Balance Transfer Agility: Ball Chasing |
| Year 5/6 | 1 | 1 | Personal | Coordination: Footwork |
| | 1 | 2 | Social | Dynamic Balance to Agility: Jumping and Landing |
| | 2 | 3 | Cognitive | Dynamic Balance: On a Line |
| | 3 | 4 | Creative | Coordination: Ball Skills |
| | 3 | 5 | Applying Physical | Coordination: Sending and Receiving |
| | 4 | 6 | Health and Fitness | Agility: Ball Chasing |